

# Costa Rica Adventure

## Trip Map



 Start Location

 End Location

 Over night

 Visited Location

 Cruise

 Ferry

 Plane

 Train

## Day 1 | Arrive San José



Ahh, Costa Rica. Let the Pura Vida way of life take over as you arrive in San Jose. Trendy Barrio Amon offers a glimpse into the history of the city with colonial mansions converted into art galleries, while Barrio Escalante is a foodie's paradise and the best place to grab dinner to begin your Costa Rica value tour.

**Hotel:** Palma Real

## Day 2 | San José – Monteverde



Tick off San José's iconic sights with a quick sightseeing tour before travelling towards the creative little town of Sarchí. Seen as the cradle of Costa Rican artisanship, this is the place to buy intricate arts, crafts and souvenirs including the hand-painted and bright coloured oxcart, the national symbol of Costa Rica. The journey continues through the Tilaran Mountain range listening for the collective "oohs" and "aahs" as you enter the mysterious and misty Cloud Forest.

**Meals:** Breakfast

**Hotel:** El Establo Mountain

## Day 3 | Monteverde sightseeing and free time



Step into another world on your Costa Rica value tour in a cloud forest reserve. Learn about the thousands of plant and animal species that thrive in this area, many of which only exist right here, from your Travel Director. Keep your ears open for the sounds of hummingbirds, howler monkeys, sloths, toucans, and if you're really lucky, the Resplendent Quetzal. Leaving the forest on a nature high, you'll have time to relax this afternoon, or choose from a selection of Choice Experiences, like the 'El Trapiche' tour, where you'll get to visit sugarcane, banana, orange and coffee plantations.

**Meals:** Breakfast

**Hotel:** El Establo Mountain

## CHOICE OPTIONAL EXPERIENCES:

You will be offered one of the following four experiences depending on availability:

**El Trapiche Tour** - Get ready for a delicious journey at the "El Trapiche" farm tour. Wander through fields of sugarcane, bananas, oranges, and coffee, diving into the fascinating world of coffee production and sugarcane liquor crafting.

**Adult: 56.00 USD**

\* Please ensure you bring insect repellent and wear hiking shoes, comfortable clothing and appropriate jackets/raincoats per the weather.

**Sky Tram and Sky Trek** - Hop on a gondola and soar through treetops, eyes peeled for the locals—yeah, the wildlife kind! As you glide through the forest, watch the greenery shift with the elevation and feel like you're in a live-action nature doc. At the top, you've got a choice: glide back the way you came or amp it up with the Sky Trek. Opt in, and you'll zip across the canopy on ten lines, heights from "whoa" to "OMG" (that's 100 to 524 feet for the number folks) and distances up to a "no-way" 2,500 feet. Every zip line is a 360° rainforest immersion!

**Adult: 113.00 USD**

\* Please wear comfortable shoes and an appropriate jacket/raincoat and sun lotion. This experience is not recommended for guests with heart conditions.

**Sky Tram Up and Down** - Get set to elevate your adventure! Hop on a gondola and float through the treetops, eyes peeled for hummingbirds, howler monkeys, sloths, toucans, and other forest dwellers. When you reach the end of the Sky Tram ride coast back down in comfort.

**Adult: 72.00 USD**

\* Please wear comfortable shoes and weather-appropriate protection, such as a jacket or raincoat, and/or sun lotion.

**Horseback Riding Tour** - Hop on for a horseback adventure with unbeatable views of the Nicoya Gulf and its islands. Saddle up and trot through lush coffee and sugarcane plantations, dense tropical forests, and vast open fields. Keep your eyes peeled for an array of wildlife from toucans and green parrots to playful white-faced monkeys.

**Adult: 99.00 USD**

\* Please wear closed shoes, long pants/trousers and a hat.

**Monteverde Cloud Forest Night Walk** - Step into the mystical Monteverde Cloud Forest after dark and immerse yourself in a nocturnal adventure. With a Local Guide by your side, dive deep into the heart of this unique ecosystem, uncovering the secrets of the plants and animals that thrive here. As night falls, witness the forest come alive with creatures that emerge in the darkness, offering a rare glimpse into the unseen world of nature.

**Adult: 39.00 USD**

\* Please ensure you bring insect repellent and wear comfortable clothing and hiking shoes, along with a weather appropriate jacket or raincoat.

## Day 4 | Monteverde – Arenal



La Fortuna, home to bubbling hot springs, geothermal marvels, and the imposing Arenal Volcano, is one of the true jewels in Costa Rica's crown. The surrounding landscape teems with tropical flora and fauna, offering opportunities to spot colorful birds, playful monkeys, and even tame iguanas roaming the grounds. After a day of adventure, guests can relax and recharge in a soothing outdoor pool nestled in the heart of this lush paradise.

**Meals:** Breakfast, Dinner

**Hotel:** Arenal Montechiari

## Day 5 | Arenal full day sightseeing



Best way to explore Arenal's private reserve? On a guided hike, of course! Be astounded by leftover lava rocks and boulders and plunge through the forest for views of the volcano and Arenal Lake. Next up: Reach all new heights at Arenal Hanging Bridges Park. Join a Local Specialist for a MAKE TRAVEL MATTER® Experience on a 'sky walk' through the jungle canopy. Keep your eyes peeled on the suspension bridges while spotting birdlife. To round off the day of your Costa Rica value tour, let your worries drift away over a dip at local hot springs before heading back to your resort.

**Meals:** Breakfast

**Hotel:** Arenal Montechiari

## Day 6 | Arenal sightseeing and free time



If a tranquil river float and wildlife search sounds like you, you won't want to miss this morning's safari float down the Peñas Blancas River. Paired up with a Local Guide, you'll love spotting monkeys, sloths, iguanas, caimans and tropical birds. Visit a local family, and learn how connected the people of Costa Rica are to their natural environment.

**Meals:** Breakfast, Lunch, Dinner

**Hotel:** Arenal Montechiari

## Day 7 | Arenal – Depart San José



Your Costa Rica value tour comes to an end this morning. Transfer back to San José International Airport, arriving at approximately 11:00 AM.

**Meals:** Breakfast

This document was last updated 4 November 2025.

While all information is correct at the time of publication, occasionally details or timings may differ.

Please refer to our website or speak to your Travel Director for the latest updates.